

EMF LuLu – Newsletter 06/25/2026

Hi All,

This week we're focusing on EMF sources that many people encounter every day but rarely think about. From home office equipment and adjustable furniture to understanding what EMF meter readings actually mean, these articles can help you better evaluate your environment and make more informed decisions about EMF awareness.

This Week's Featured Articles:

[Printer EMF Radiation: Is Your Home Office Printer Producing EMF Radiation?](#)

Learn whether common home and office printers emit measurable EMF radiation and what factors may influence exposure levels during everyday use.

[What Is a High EMF Reading? Understanding EMF Meter Measurements and Exposure Levels](#)

Discover how EMF meters work, what different readings mean, and how to interpret measurements when evaluating potential EMF sources in your home.

[EMF From Electric Recliners and Adjustable Beds: What You Need to Know](#)

Explore how powered furniture operates, where EMF exposure may occur, and practical considerations for those looking to create a lower-EMF sleeping environment.

Thank you for being part of the EMFLuLu community. We hope these articles help you better understand everyday EMF sources and empower you to make informed choices for your home and family.

Stay balanced, stay protected.

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Quote of the Week

“Safety first is safety always.” – *Charles M. Hayes*

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EMF LuLu Calculators: Simple Tools, Smarter Decisions

Understanding everyday EMF exposure doesn't require guesswork. The EMF LuLu calculators are designed to help you quickly assess common situations - like using a laptop on your lap, sitting near a WiFi router, holding your phone close to your body, or sleeping around connected devices - so you can see where small changes may reduce unnecessary exposure.

Each calculator keeps things simple by focusing on how close, how long, and where devices are used. The goal isn't to overthink technology, but to help you make practical adjustments that fit real life.

Try the calculators [here](#).

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Articles of the Week

[Printer EMF Radiation: Is Your Home Office Printer Producing EMF Radiation?](#)

As more people work from home, attention has shifted toward the electronic devices that surround us throughout the day. Computers, monitors, Wi-Fi routers, smartphones, and printers have become permanent fixtures in many home offices. While most people think of printers simply as tools for producing documents, some homeowners have started asking whether these devices generate electromagnetic fields and whether those emissions deserve attention. The topic of printer EMF radiation has become increasingly common among individuals interested in reducing unnecessary exposure to electromagnetic fields in their homes.

[Read More](#)

[What Is a High EMF Reading? Understanding EMF Meter Measurements and Exposure Levels](#)

If you have recently purchased an EMF meter, one of the first questions that probably came to mind is: what is a high EMF reading? You point the meter at a WiFi router, a microwave oven, or a power cord and suddenly numbers begin jumping across the screen. Some readings seem low, while others appear surprisingly high. Without understanding what those numbers represent, it can be difficult to know whether the readings are normal or something worth investigating further.

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[EMF From Electric Recliners and Adjustable Beds: What You Need to Know](#)

Electric recliners and adjustable beds have become increasingly popular over the past decade. Many people use them to improve comfort, relieve back pain, elevate their legs, reduce snoring, or simply make reading and watching television more enjoyable. While these products provide convenience and comfort, some consumers have questions about the electrical components hidden inside them. One concern that frequently arises is EMF from adjustable beds and whether sleeping or sitting near electric motors could increase electromagnetic field exposure. If you have recently purchased an adjustable bed or are

considering buying one, understanding where EMFs come from and how these products operate can help you make informed decisions without unnecessary worry.

[Read More](#)

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Until next time, guard your health, enjoy your life.

J. Currano