

EMF LuLu – Newsletter 06/18/2026

Hi All,

This week we're exploring how everyday situations can influence your EMF exposure, from air travel and seasonal changes to the time you spend behind the wheel. Whether you're looking to better understand EMF sources or simply reduce unnecessary exposure in your daily routine, these articles provide practical information you can use right away.

This Week's Featured Articles:

- [Does Airplane Mode Reduce EMF Radiation?](#)

Learn what airplane mode actually does, how it affects wireless signals, and whether it can meaningfully reduce your personal EMF exposure.

- [Winter EMF Exposure vs Summer: Does the Season Affect Your Daily Radiation Levels?](#)

Discover how seasonal habits, indoor living, and device usage patterns may influence the amount of EMF exposure you experience throughout the year.

- [EMF Harmony Car Harmonizer Review: What Drivers Should Know About EMF Exposure in Vehicles](#)

Take a closer look at the EMF Harmony Car Harmonizer, how it is designed to be used, and important considerations for drivers interested in managing EMF exposure while traveling.

Stay balanced, stay protected.

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Quote of the Week

“The best way to predict the future is to create it.” – *Peter Drucker*

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EMF LuLu Calculators: Simple Tools, Smarter Decisions

Understanding everyday EMF exposure doesn't require guesswork. The EMF LuLu calculators are designed to help you quickly assess common situations - like using a laptop on your lap, sitting near a WiFi router, holding your phone close to your body, or sleeping around connected devices - so you can see where small changes may reduce unnecessary exposure.

Each calculator keeps things simple by focusing on how close, how long, and where devices are used. The goal isn't to overthink technology, but to help you make practical adjustments that fit real life.

Try the calculators [here](#).

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Articles of the Week

[Does Airplane Mode Reduce EMF Radiation?](#)

Smartphones have become part of nearly every aspect of modern life. Most people keep their phones within arm's reach all day long, whether they are working, traveling, sleeping, or relaxing at home. As awareness of electromagnetic field exposure continues to grow, many people are asking the same question: does airplane mode reduce EMF radiation?

[Read More](#)

[Winter EMF Exposure vs Summer: Does the Season Affect Your Daily Radiation Levels?](#)

When most people think about electromagnetic fields, they usually picture the same types of exposure year-round. WiFi routers, smartphones, laptops, and smart home devices continue operating whether it is July or January. However, seasonal habits can significantly change how much time we spend around electronic devices and electrical systems. In many households, winter EMF exposure may naturally increase because people spend longer periods indoors surrounded by connected technology.

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[EMF Harmony Car Harmonizer Review: What Drivers Should Know About EMF Exposure in Vehicles](#)

Modern vehicles are filled with electronics that most people barely think about during their daily commute. Bluetooth systems, GPS navigation, cellular connections, touchscreens, WiFi-enabled features, and charging systems have become standard in many cars, trucks, and SUVs. While these technologies provide convenience and entertainment, they have also increased interest in electromagnetic field exposure inside vehicles. In this EMF Harmony Car Harmonizer review, we'll take a closer look at what the product is, how it is designed to be used, and why some drivers are adding EMF-related products to their vehicles. Rather than approaching the topic from a fear-based perspective, this article focuses on practical information, balanced discussion, and simple ways drivers can reduce unnecessary exposure while spending time on the road.

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Until next time, guard your health, enjoy your life.

J. Currano