

EMF LuLu – Newsletter 05/21/2026

Hi All,

This week at EMFLuLu.com, we're taking a closer look at some of the hidden EMF sources many people encounter every day — both inside the home and out in public.

Inside this issue:

- [Do Dishwashers Emit EMF While Running? What You Need to Know About Dishwasher EMF Radiation](#)
- [How Much EMF Is in Your Living Room? Hidden Sources You Might Be Overlooking](#)
- [How Much EMF Exposure Happens in Public Places?](#)

Stay balanced, stay protected.

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Quote of the Week

“Great things are done by a series of small things brought together.” – *Vincent van Gogh*

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EMF LuLu Calculators: Simple Tools, Smarter Decisions

Understanding everyday EMF exposure doesn't require guesswork. The EMF LuLu calculators are designed to help you quickly assess common situations - like using a laptop on your lap, sitting near a WiFi router, holding your phone close to your body, or sleeping around connected devices - so you can see where small changes may reduce unnecessary exposure.

Each calculator keeps things simple by focusing on how close, how long, and where devices are used. The goal isn't to overthink technology, but to help you make practical adjustments that fit real life.

Try the calculators [here](#).

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Articles of the Week

[Do Dishwashers Emit EMF While Running? What You Need to Know About Dishwasher EMF Radiation](#)

If you're like most people, your dishwasher runs quietly in the background while you go about your evening or even while you sleep. It's one of those appliances we rarely think

twice about. But with growing awareness around electromagnetic fields in the home, a common question has started to surface: do dishwashers emit EMF, and if they do, is it something worth paying attention to?

[Read More](#)

[How Much EMF Is in Your Living Room? \(Hidden Sources You Might Be Overlooking\)](#)

Picture a typical evening in your living room. The television is on, your phone is within reach, the WiFi is running, and maybe a tablet or gaming console is in use. It feels like a place to relax, unwind, and spend time with family. What most people don't realize is that this same space is also filled with invisible energy from multiple electronic devices.

When you start to look more closely, the number of living room EMF sources can be surprising.

[Read More](#)

[How Much EMF Exposure Happens in Public Places?](#)

Most people think about electromagnetic fields (EMF) inside their homes - where they sleep, work, and spend long stretches of time. However, EMF exposure in public places is just as important to understand, and in some cases, it can be even more complex. Public environments are filled with overlapping signals from multiple sources, many of which are outside your direct control.

When you step into a coffee shop, board a train, or walk through an airport, you are entering a space where dozens or even hundreds of electronic devices are operating simultaneously.

[Read More](#)

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Until next time, guard your health, enjoy your life.

J. Currano