

EMF LuLu – Newsletter 05/14/2026

Hi All,

This week's issue focuses on one of the most common sources of everyday exposure: your WiFi and wireless devices - and how they actually behave inside your home.

Many people assume signals stop at walls, that placement doesn't matter, or that one type of connection is automatically safer than another. But in reality, how signals travel and where devices are placed plays a much bigger role than most realize.

Inside this issue, we break down:

- [Do Routers Emit EMF Through Walls? What You Need to Know About WiFi Signals in Your Home](#)
- [Where Should You Place Your WiFi Router for Safety? A Practical Guide to Reducing EMF at Home](#)
- [Bluetooth vs WiFi EMF: Is Bluetooth Actually Safer Than WiFi?](#)

Stay balanced, stay protected.

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Quote of the Week

“Do the best you can until you know better. Then when you know better, do better.” – *Maya Angelou*

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EMF LuLu Calculators: Simple Tools, Smarter Decisions

Understanding everyday EMF exposure doesn't require guesswork. The EMF LuLu calculators are designed to help you quickly assess common situations - like using a laptop on your lap, sitting near a WiFi router, holding your phone close to your body, or sleeping around connected devices - so you can see where small changes may reduce unnecessary exposure.

Each calculator keeps things simple by focusing on how close, how long, and where devices are used. The goal isn't to overthink technology, but to help you make practical adjustments that fit real life.

Try the calculators [here](#).

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Articles of the Week

[Do Routers Emit EMF Through Walls? What You Need to Know About WiFi Signals in Your Home](#)

If you've ever placed your WiFi router in one room and then used your phone or laptop in another, you've probably wondered what exactly is traveling between those spaces. The signal feels invisible and effortless, yet it clearly works through barriers like walls, ceilings, and floors. That leads to a very common and reasonable question: does wifi router emit radiation through walls, and if so, how much of that actually reaches you in other parts of your home?

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[Where Should You Place Your WiFi Router for Safety? A Practical Guide to Reducing EMF at Home](#)

Most of us set up our WiFi router wherever it's easiest - near a cable outlet, on a desk, or tucked into a corner where it's out of the way. It works, so we don't think much about it again. But as more people become aware of everyday electromagnetic field (EMF) exposure, a simple question is starting to come up more often: where should you place your wifi router for safety?

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[Bluetooth vs WiFi EMF: Is Bluetooth Actually Safer Than WiFi?](#)

Wireless technology has become part of everyday life. From streaming shows on your laptop to taking calls through wireless earbuds, most people are constantly surrounded by signals that keep their devices connected. As awareness grows around electromagnetic fields (EMF), many people are starting to ask a simple but important question: when it comes to bluetooth vs wifi emf, is one actually safer than the other?

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Until next time, guard your health, enjoy your life.

J. Currano