

EMF LuLu - Newsletter 11/13/2025

Hi Everyone,

This week's EMF LuLu Newsletter focuses on hidden risks and smarter, practical protection. Modern technology makes our lives easier - but it also quietly surrounds us with electromagnetic fields (EMFs). Whether it's the charger on your nightstand, your child's favorite toy, or the devices used by aging family members, understanding and minimizing EMF exposure can make a real difference in your household's well-being.

Here's what we're exploring this week:

[Hidden Electromagnetic Fields From Qi Wireless Chargers and How to Reduce Exposure](#)

Wireless charging is convenient - but not always harmless. Learn how Qi chargers actually work, what hidden EMFs they produce, and practical steps to lower your exposure without sacrificing ease.

[Best EMF Shielding Products for Senior Citizens at Home](#)

Seniors may be more sensitive to EMF radiation. This guide highlights the best shielding products designed for comfort, style, and safety - perfect for creating a healthier living environment.

[EMF-Free Toys for Toddlers and Preschoolers](#)

From playtime to early learning, discover safe and engaging toys that encourage creativity without unnecessary EMF exposure. You'll also find ideas for low-EMF smart gadgets that keep little ones entertained safely.

Each of these articles helps you take small, actionable steps to reduce exposure and live a healthier, more balanced life in today's connected world.

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Quote of the Week

“It is health that is real wealth and not pieces of gold and silver.” – *Mahatma Gandhi*

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Articles of the Week

[Hidden Electromagnetic Fields From Qi Wireless Chargers and How to Reduce Exposure](#)

Wireless charging has become one of modern life's quiet conveniences. You set your phone on a sleek pad, and - without a tangle of cords - it powers up. It feels simple and safe. Yet, few realize that beneath this convenience lies an invisible layer of energy: electromagnetic fields, or EMFs.

In this article, we'll uncover the hidden electromagnetic fields from Qi wireless chargers and how to reduce exposure, explore what Qi charging is, why it's popular, how EMF radiation factors in, and how to continue enjoying convenience safely.

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[Best EMF Shielding Products for Senior Citizens at Home](#)

As technology continues to shape our daily lives, many older adults are spending more time surrounded by wireless devices - smartphones, tablets, Wi-Fi routers, and even smart appliances. While these tools keep seniors connected to loved ones and the world, they also bring a hidden source of stress to the body: electromagnetic fields (EMFs).

Research is ongoing, but an increasing number of scientists and holistic practitioners believe that chronic exposure to EMF radiation may pose unique risks to the elderly due to age-related changes in the body. From reduced cellular repair to slower detoxification, the senior population may have less resilience against long-term EMF exposure.

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[EMF Free Toys for Toddlers and Preschoolers](#)

In today's wireless world, even playtime isn't completely free from electromagnetic fields (EMFs). From Bluetooth-connected toys to WiFi-enabled tablets, many devices designed for children quietly emit radiation that parents may not even realize. That's why so many families are searching for EMF-free toys for toddlers and preschoolers - safe, developmental options that let kids learn and play without constant exposure to electromagnetic signals.

The good news is that going EMF-free doesn't mean going tech-free. There are countless engaging toys and even *smart-type devices* that use creative, non-wireless designs.

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Until next time, guard your health, enjoy your life.

J. Currano

